



## Tri County Middle School

LUNCH MENU February 9th - 12th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>	<b>Breakfast for Lunch</b> Scrambled Eggs with a Sausage Patty French Toast Maple Syrup Hash Brown Patties	<b>Salisbury Bowl</b> Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sauted Mushrooms Mini Sub Roll	<b>Nacho Bowl</b> Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole, Pico de Gallo, and Sour Cream	<b>Chicken Tender Bowl</b> Chicken Tenders with Buffalo Honey Sauce Seasoned Cruly Fries	<b>Hot Dog Bar</b> All Beef Hot Dog <i>Toppings include Chili, Macaroni &amp; Cheese, Relish, Onions, Jalapenos, Pickles</i> Boston Baked Beans
<b>2-mato</b>	Pepperoni Pizza Classic Cheese Pizza	Chicken Cheddar Quesadilla Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	Rectangle Pepperoni Pizza Classic Cheese Pizza
<b>grill'd</b>	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack Quesadilla	BLT Biurger Chicken Club on WG Sandwich Bread	Spicy Chicken with Cheese on a Bun BBQ Rilet on a WG Bun	Mushroom Swiss Burger Nashville Nuggets with Corn Muffin
<b>ON THE GO</b>	Chicken Bacon Club Sandwich	Ham & Cheese Chef Salad	Turkey Cobb Salad	Tuna Salad on Croissant	Veggie Wrap with Egg and Cream Cheese Make your own Parfait
<b>EXTRA EXTRA</b>	Power Carrots Fresh Whole Fruit Cilantro Three Bean Power Carrots Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Cheddar Pea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Cauliflower Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Cilantro Three Bean Chopped Romaine	Cheddar Pea Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Cilantro Three Bean Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

**MIDDLE SCHOOL:** A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338