



Tri County Middle School

LUNCH MENU January 12th - 16th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast for Lunch	Salisbury Bowl	Nacho Bowl	Chicken Tender Bowl	Hot Dog Bar
create	Scrambled Eggs with a Sausage Patty French Toast Maple Syrup Hash Brown Patties	Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sauted Mushrooms Mini Sub Roll	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole, Pico de Gallo, and Sour Cream	Chicken Tenders with Buffalo Honey Sauce Seasoned Cruly Fries	All Beef Hot Dog Toppings include Chili, Macaroni & Cheese, Relish, Onions, Jalapenos, Pickles Boston Baked Beans
2nd	Pepperoni Pizza Classic Cheese Pizza	Chicken Cheddar Quesadilla Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	Rectangle Pepperoni Pizza Classic Cheese Pizza
grill'd	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack Quesadilla	BLT Biurger Chicken Club on WG Sandwich Bread	Spicy Chicken with Cheese on a Bun BBQ Riblet on a WG Bun	Mushroom Swiss Burger Nashville Nuggets with Corn Muffin
ONE GO	Chicken Bacon Club Sandwich	Ham & Cheese Chef Salad	Turkey Cobb Salad	Tuna Salad on Croissant	Veggie Wrap with Egg and Cream Cheese
	Make your own Parfait				
EXPLORE	Power Carrots Fresh Whole Fruit Cilantro Three Bean Power Carrots Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Cheddar Pea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Cauliflower Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Cilantro Three Bean Chopped Romaine	Cheddar Pea Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Cilantro Three Bean Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338