



Tri County High School

LUNCH MENU January 5th - 9th, 2026

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|---|---|---|--|--|
| | Breakfast for Lunch | Creamy Soup | Chicken Drumstick | Sub Bar | Chicken Drumstick |
| create | Scrambled Eggs Sausage Patty French Toast Balls Tater Tots Maple Syrup | Loaded Chicken and Potato Soup WG French Bread for Dipping | Breaded Chicken Drumstick Macaroni & Cheese Mini Sub Roll Green Peas | Turkey, Salami, Ham, or Pepperoni Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings WG Sub or Wrap | Breaded Chicken Drumstick Macaroni & Cheese Mini Sub Roll Green Peas |
| 2nd mateo | Pepperoni Pizza Classic Cheese Pizza | Dill Pickle Pizza Classic Cheese Pizza | Sausage Gravy Pizza Classic Cheese Pizza | Meat Lover's Pizza Classic Cheese Pizza | Pepperoni & Ham Pizza with Veggies Classic Cheese Pizza |
| grill'd | Cheeseburger on WG Bun Spicy Chicken Sandwich | Pizza Burger Chicken Sliders | Chicken Tenders with a Biscuit Pepperjack Burger with Jalapeno on WG Bun | Mexi Cheeseburger BBQ Breaded Chicken with Cheddar | Chicken Parm Sandwich Bosco Sticks with Pizza Sauce Dip |
| THE ONGO | Hummus with Chips and Veggies | Ham Chef Salad | Turkey & Bacon Salad | Greek Chicken Salad with Feta & Tzatziki Dressing | Boneless Chicken Wing Salad with Veggies |
| | Tzaziki Chicken Wrap | Chicken Salad on a Croissant | Buffalo Ranch Grilled Chicken Wrap Make your own Parfait | Chickpea Salad Wrap | Triple Decker PB&J Sandwich |
| EXTRA! EXTRA! | Sliced Cucumber Chopped Romaine Grape Tomatoes Green Peppers Power Carrots Fresh Whole Fruit Assorted Chilled Fruit | Grape Tomatoes Chopped Romaine Corn & Black Bean Fresh Cauliflower Power Carrots Fresh Whole Fruit Assorted Chilled Fruit | Sliced Cucumbers Chopped Romaine Red Pepper Strips Pea Salad Sliced Tomatoes Fresh Whole Fruit Assorted Chilled Fruit | Power Carrots Chopped Romaine Caribbean Salad Pea Salad PeaPods Fresh Whole Fruit Assorted Chilled Fruit | Fresh Cauliflower Chopped Romaine Grape Tomatoes Corn & Black Bean Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Menus subject to change without notice

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118