



# Tri County High School

LUNCH MENU January 26th - 30th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>create</b>	<b>Chicken Bar</b>	<b>Soup and Bread</b>	<b>Nacho Bowl</b>	<b>Sub Bar</b>	<b>Sub Bar</b>
	Spicy or Regular Chicken Patty Regular or Pretzel Bun Assorted Cheeses and Toppings Seasoned Curly Fries	Loaded Chicken and Potato Soup WG French Bread for Dipping	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole Sour Cream Pico de Gallo	Turkey, Salami, Ham, or Pepperoni Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings  WG Sub or Wrap	Popcorn Chicken Mashed Potatoes and Gravy Seasoned Corn Dinner Roll
	Pepperoni Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Chicken Bacon Ranch Pizza Classic Cheese Pizza	Pepperoni Pizza Classic Cheese Pizza	Scrambled Egg & Sausage Pizza Classic Cheese Pizza
	<b>grill'd</b>	Classic Cheeseburger Three Cheese Grilled Sandwich	Pork & Cheese Quesadilla Garden Burger on a WG Bun	Jalapeno Cheddar Turkey on a WG Bun Breaded Chicken with Pickles Sandwich	Cheddar Burger with Guacamole Breaded Chicken Sandwich with Louisiana Sauce
<b>ON THE GO</b>	Chicken and Cheese Chef Salad	3 Cheese Chef Salad	Turkey, Pepperjack, and Egg Chef Salad	Ham & Cheddar Cheese Chef Salad	Egg and Cheddar Chef Salad
	Roast Beef Sub with Horseradish Sauce	Feta Veggie Hummus Wrap	All American Sub	Sriracha Honey Mustard Chicken Wrap	Swiss & Pepperjack on a Sub with Guacamole
	Make your own Parfait Bar				
	Celery Sticks Sweet Corn Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Power Carrots	Cauliflowerettes PeaPods Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Italian Chickpea Salad	Sweet Corn Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Grape Tomatoes	Italian Chickpea Salad Broccoli Flowerettes Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Celery Sticks	Grape Tomatoes Red Pepper Strips Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Sweet Corn Salad

**HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338